

Health Lab (30 points)
Sample Format

Each lab write up should be:

Acceptable grammar (3 pt)

Acceptable Format (5 pts)

- No more than 1 ½ pages
- **Complete with the following headings and sections**

Time on Task (5 pts)

Title (1 point)

- Appropriate title
- Course
- Your Name
- Block

Introduction (2 points)

- State the purpose of the lab (from the research questions)
- Provide your hypothesis (what's going to happen)

Methods (4 points)

- Describe the procedures used
- It should be written so someone else could duplicate our study (Lab Sheet)

Results (4 points)

- Provide the means (averages) for each variable measured
- Compare it to a norm is applicable

Discussion (4 points)

- State whether or not your hypothesis was correct
- Analyze the data (why we found what we found)

Conclusion (2 points)

- Restate your results for each research question